



EDITION #9

PRO ULTIMATE GYMS

MONTHLY NEWSLETTER **APRIL 2025**

< *Announcements* >

NEW BRANCH IN
JAIPUR!

**COMING
SOON**

what's
NEW?



**HOT NEWS
& MORE...**

**EMPOWERING WOMEN
LEADING THE WAY**

TRAINER OF THE MONTH



Saiket Bawri

Pro Ultimate Gyms,
Airport Road, Mohali



Jivanshu

Pro Ultimate Gyms,
Bank Square, Kharar



Gagandeep

Pro Ultimate Gyms,
Bank Square, Kharar



Parav

Pro Ultimate Gyms,
Paras Ram Nagar, Bathinda



Gagandeep Singh

Pro Ultimate Gyms,
100 Ft Road, Bathinda



Ajay

Pro Ultimate Gyms,
Dhakoli, Zirakpur



Rohit

Pro Ultimate Gyms,
Sector 105, Emaar, Mohali



Suraj

Pro Ultimate Gyms,
Model Town, Jalandhar



Krishna

Pro Ultimate Gyms,
Khanpur, Kharar



Anurag

Pro Ultimate Gyms,
Ludhiana, Punjab



Amir

Pro Ultimate Gyms,
Mahavir Enclave, New Delhi



Ayandeep Singh

Pro Ultimate Gyms,
Model Town, Delhi

TRAINER OF THE MONTH



Rajat

Pro Ultimate Gyms,
Patiala Road, Zirakpur



Sukhpreet Singh

Pro Ultimate Gyms,
Phagwara, Punjab



Varun

Pro Ultimate Gyms,
Phase 2, Mohali



Anish

Pro Ultimate Gyms,
Ropar, Punjab



Amarsh

Pro Ultimate Gyms,
Sector 8, Panchkula



Himanshu

Pro Ultimate Gyms,
Sector 22, Chandigarh



Lalit

Pro Ultimate Gyms,
Sector 14, Panchkula



Abhishek

Pro Ultimate Gyms,
Sector 32, Chandigarh



Rajesh

Pro Ultimate Gyms,
Sector 38, Chandigarh



Rajat

Pro Ultimate Gyms,
Sector 46, Chandigarh



Sahil

Pro Ultimate Gyms,
Sector 48, Gurgaon



Amit

Pro Ultimate Gyms,
Sector 48, Gurgaon

TRAINER OF THE MONTH



Ram Avtar

Pro Ultimate Gyms,
Tanks Gym, Mohali



Vikrant

Pro Ultimate Gyms,
Sirhind, Punjab



Kulvir Singh

Pro Ultimate Gyms,
Sector 91, Mohali



Jaspreet Singh

Pro Ultimate Gyms,
Sector 89, Mohali



Shubham

Pro Ultimate Gyms,
Sector 44, Chandigarh



Sanjeev

Pro Ultimate Gyms,
Sector 70, Mohali



Aakash

Pro Ultimate Gyms,
TDI 117, Mohali



Krishnam

Pro Ultimate Gyms,
Urban Estate, Patiala



Amit

Pro Ultimate Gyms,
Wave Estate, Mohali



**YOU CAN BE
NEXT**

BRANCH OF THE MONTH



Pro Ultimate Gyms,
Palam Vihar, Gurugram

SPECIAL ACHIEVEMENT OF THE MONTH (IN SOFT LAUNCH)



Pro Ultimate Gyms,
Ambala Cantt, Haryana



NEW BRANCHES

NOW OPEN

Sector 16, Faridabad
MDC, Sector 5, Panchkula
Rajpura, Punjab

OPENING SOON

Kurukshetra
Lucknow, UP
Muktsar, Punjab
Jaipur, Rajasthan
GMS Road, Dehradun
Rajendra Nagar, Dehradun
Pritampura, Delhi
Sector 102, Gurugram
Ramesh Nagar, Delhi
Sector 17, Dwarka
Sector 49, Noida
Urban Estate, Ludhiana

FASTEST GROWING INDIAN GYM CHAIN

AREA SALES MANAGER OF THE MONTH



Vishal Chauhan

Pro Ultimate Gyms

FLOOR MANAGER OF THE MONTH



Ravi

Sector 48, Gurgaon

NEWLY PROMOTED FLOOR MANAGER



Kartik Ahuja

Sector 14, Gurugram



**YOU CAN BE
NEXT**

EVENTS

EMPOWERING WOMEN – #NSN WOMEN'S DAY WOMEN'S DAY EVENT SPONSORED BY "PRO ULTIMATE GYMS"

Our Managing Director, Anupam Jyot Kaur, proudly represented and sponsored the NSN Women's Day event on March 7th, 2025, at Wyndham, Mohali. Pro Ultimate Gyms joined as the official fitness partner to promote the importance of physical and mental wellness among women. A powerful day of inspiration, fitness, and empowerment.



EVENTS

A DAY OF TALENT & INSPIRATION **OUR MD AS GUEST JUDGE AT DEV SAMAJ COLLEGE EVENT**

We're proud to share that our MD was invited as a guest judge at the Mosaic 2024 event hosted by Dev Samaj College for Women. It was a remarkable celebration of talent, creativity, and women empowerment. A truly inspiring experience to witness and support such vibrant young talent!



EVENTS

INTERNATIONAL WOMEN'S DAY EVENT SPONSORED BY "PRO ULTIMATE GYMS"

Anupam Jyot Kaur, Managing Director of Pro Ultimate, is a dynamic leader who inspires through vision, dedication, and empowerment. Her passion for fitness and excellence drives the brand forward. This Women's Day, we celebrate her strength, leadership, and the impact she continues to make in transforming lives through health and wellness..



WOW
WOMEN'S DAY
Celebration
By- Ruchil Mahapatra
Sponsor

Anupam jyot kaur
Managing director
Pro ultimate
March 2ND Sunday
4:00 PM 7:00 PM
JW Marriott Brew House
BOOK YOUR SPOT NOW
+91 9582569955 / 9888510244 @ruchilmahapatra



EVENTS

IDEA FORGE 25 – EVENT AT SD COLLEGE **ABHISHEK SIR REPRESENTED PRO ULTIMATE GYMS** **AS CHIEF GUEST**

Abhishek Sir, our CEO, had the honor of being the chief guest at the prestigious Idea Forge 25 event held at SD College. His presence added immense value to the occasion, where he shared insightful thoughts and motivated the attendees, inspiring them to pursue their entrepreneurial dreams and make a significant impact in their respective fields.



EVENTS

BODY BUILDING CHAMPIONSHIP **SPONSORED BY "PRO ULTIMATE GYMS"**

The 5th North India Bodybuilding Championship, proudly sponsored by Pro Ultimate Gyms, was a grand success. Top athletes from across the region showcased their strength, dedication, and passion. The event celebrated fitness, discipline, and competitive spirit, leaving an inspiring mark on the North Indian bodybuilding community.



EVENTS

PRO MOHALI CRICKET LEAGUE SPONSORED BY "PRO ULTIMATE GYMS"



THE IRON LADY EVENT SPONSORED BY "PRO ULTIMATE GYMS"



TESTIMONIALS

BY FRANCHISE PARTNERS



SHUBHAM SHINGARI

URBAN ESTATE, LUDHIANA

I started as a trainer at Pro Ultimate Gyms five years ago, and after one year, I was promoted to floor manager in Sector 46C, Chandigarh. I later managed Sector 32 as well. Motivated by my experience, I opened my own gym, which became a great success. Within two years, I am now opening a second gym in Ludhiana. All credit of my success goes to Mohinder Sir for which I am deeply grateful.

NAVJOT SINGH

MDC, PANCHKULA

I started as a sales executive and grew into an area sales manager, transitioning from medical to fitness with the incredible guidance of Mohinder Sir. Today, I'm proud to open my first gym as a business partner. Grateful to Mohinder Sir and the senior leadership team for their unwavering support. Here's to many more milestones ahead



NEW ON YOUTUBE



Varinder Ghuman - The New Face of Pro Ultimate...

6.8K views • 3 weeks ago



How did Varinder Ghuman meet Salman Khan? Bodybuilding &...

2.2K views • 1 day ago



Glute Builder Series - 1st Time in INDIA | Signature 2.0 Series

7.1K views • 4 weeks ago



Complete Gym Setup EXPOSED ❄️ ❄️ ❄️

21K views • 3 weeks ago



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IMPORTANT



SCHEDULE FOR UPCOMING MONTH

Training Name	Date	Branches	Venue
Monthly Sales Meeting	3 rd May	Delhi	Offline - Delhi
	6 th May	Tricity	Offline - Mohali 82 (Corporate Office)
	7 th May	Other Regions	Offline - Mohali 82 (Corporate Office)
	8 th May	Remote Branches	Online
New Joinees Induction and Software Training	16 th , 17 th May	All (New Sales Staff & New Owners)	Offline
Trainer's Refresher Training	16 th May	Other Regions & Remote Branches	Online



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